

BELLY CASTING KIT

You will need

MAKING A BELLY MOLD

- A private space with drop sheets over furniture**
- Drinking water and a chair**
(for mum in case she feels a bit faint)
- Gypsona plaster bandage**
20cms wide or wider
Found through hospital suppliers - thinner bandage better for hand/feet molding
- Sorbolene, Vaseline or papaw ointment**
Best on baby's skin
- Scissors**
- Drop sheets**
- Paint brushes**
- Garbage bags for protecting clothing**
- Bucket or icecream container for warm water**
- Clean rags, wipes or towels to clean up**

APPLYING THE RESIST

- Detergent**
Painted inside belly molds with large brush
- Container to mix detergent**
Mix with water for coating inside hands and feet

POURING THE BELLY CAST

- Casting plaster- 6kgs + for full torso**
Cheapest 20kgs Bunnings \$23
or plaster of paris 6kgs \$11
- Drop sheets**
- 2 buckets**
- Long rubber gloves**
- Face masks**
- Scourer sponges**
- Plasterers Knife**
- A kid's bean bag or cardboard box**
Plus crumpled newspaper to fully support belly shape

SCULPTING & CLEANING UP

- Drop sheets**
- Bucket**
- Dustpan and broom**
- Flexible knife**
A standard size without serrations for belly shaping
- A small pointy fruit parer**
Good for hand/feet molds
- Metal rasp**
- Scourer sponges**
- Wide paint brush**

DRYING SPACE

- Light and out of the way**
Dry bellies for a week